

### Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	57	Tyler Smuda	SV Gladbeck 13	MJA	1	0:08:03 (1)	1:01	0:35:58 (2)	0:48	0:21:16 (1)	1:07:07
2	394	Christian Enters	Triathlon Team Düsseldorf e.V.	TM40	1	0:08:06 (2)	0:59	0:37:22 (7)	0:50	0:21:17 (2)	1:08:34
3	306	Thorsten Schüler	Styrumer TV	TM30	1	0:08:45 (3)	1:15	0:38:53 (18)	1:03	0:23:16 (9)	1:13:11
4	359	Dominik Girek	Bocholter WSV	TM30	2	0:09:08 (6)	1:15	0:36:53 (4)	1:01	0:25:14 (21)	1:13:31
5	432	Niklas Hogenkamp	Bocholter WSV	TM30	3	0:09:49 (19)	1:17	0:37:20 (6)	0:56	0:24:16 (13)	1:13:37
6	267	Kai Rosenau		TM25	1	0:08:48 (4)	1:31	0:39:42 (26)	1:07	0:22:57 (5)	1:14:05
7	336	Guido Wahl	Brühler TV 1879	TM40	2	0:12:15 (64)	1:44	0:36:28 (3)	0:53	0:22:57 (7)	1:14:16
8	390	Henning Schoelen	TV Goch	TM40	3	0:09:34 (12)	1:35	0:37:51 (8)	1:04	0:24:14 (12)	1:14:18
9	76	Theodorus Vink		TM60	1	0:18:09 (133)	5:51	0:26:31 (1)	1:34	0:22:27 (3)	1:14:33
10	269	Marc Schulte	LG Alpen	TM30	4	0:11:59 (52)	1:23	0:38:23 (11)	0:59	0:22:46 (4)	1:15:29
11	437	Jeroen Koster	Kleever Fahrradprofi	TM25	2	0:09:37 (17)	1:55	0:38:33 (14)	1:13	0:24:35 (16)	1:15:53
12	439	Lorenz Niedrig		TM25	3	0:10:58 (36)	1:25	0:39:37 (25)	0:59	0:23:03 (8)	1:16:01
13	345	Jannes Werries		TM20	1	0:10:14 (26)	1:27	0:39:48 (27)	1:16	0:23:47 (10)	1:16:32
14	319	Henricus Heister		TM50	1	0:11:13 (40)	1:38	0:38:32 (13)	1:00	0:25:03 (20)	1:17:26
15	277	Jens Vahldieck	Tri-Team TV Schiefbahn	TM50	2	0:10:29 (28)	1:14	0:39:07 (20)	1:05	0:25:46 (26)	1:17:40
16	419	Stefan Schenke		TM25	4	0:10:45 (33)	2:01	0:38:45 (16)	1:02	0:25:15 (22)	1:17:48
17	393	Stephan Theisen	Allround Triathlon Team Kleve	TM40	4	0:09:36 (16)	1:26	0:38:41 (15)	1:04	0:27:02 (38)	1:17:50
18	265	Jochen Janssen	TV Goch	TM50	3	0:09:34 (13)	1:35	0:38:50 (17)	1:22	0:26:57 (35)	1:18:17
19	399	Klaus Wink	Bocholter WSV	TM50	4	0:10:05 (24)	1:29	0:38:29 (12)	1:08	0:27:26 (43)	1:18:37
20	292	Sven Krabbe	RRG	TM40	5	0:13:03 (87)	2:10	0:37:01 (5)	1:22	0:25:28 (25)	1:19:04
21	211	Christoph Ohrmann	ERDINGER Active TEAM	TM40	6	0:11:49 (45)	1:47	0:39:16 (22)	1:13	0:25:03 (19)	1:19:08
22	193	Jan Leuker		TM30	5	0:12:07 (56)	1:29	0:40:16 (31)	1:20	0:24:14 (11)	1:19:26
23	339	Stephan Ochwald-van Hasz		TM30	6	0:11:57 (51)	1:32	0:38:09 (10)	1:25	0:27:02 (39)	1:20:05
24	82	Stefan Kesche	TV Goch	TM40	7	0:12:13 (62)	1:36	0:40:19 (33)	1:03	0:24:55 (17)	1:20:06
25	283	Oliver Kesche		TM40	8	0:12:34 (74)	1:32	0:40:29 (35)	1:04	0:24:26 (15)	1:20:06
26	233	Alexander Cernys	TV Goch	TM40	9	0:10:31 (29)	1:27	0:40:36 (38)	1:18	0:26:33 (31)	1:20:25
27	249	Sebastian Linke	SV Langendreer 04	TM40	10	0:12:24 (69)	2:17	0:41:09 (47)	1:41	0:22:57 (5)	1:20:27
28	402	Peter Bockholt	SV Gladbeck 13	TM50	5	0:12:11 (59)	1:31	0:37:57 (9)	1:14	0:27:39 (46)	1:20:32
29	389	Philipp Mertens	TG Neuss	TM25	5	0:10:42 (32)	2:02	0:40:56 (43)	1:11	0:25:54 (27)	1:20:45

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
30	405	Robin Heinecke	TG Neuss	TM25	6	0:11:07 (38)	2:09	0:40:12 (30)	1:24	0:26:04 (30)	1:20:56
31	253	Michael Tempesta	AS Neukirchen-Vluyn	TM40	11	0:09:23 (10)	2:08	0:40:51 (42)	1:14	0:27:40 (47)	1:21:15
32	344	Jano Bremes	Tri-Team TV Schiefbahn	TM25	7	0:10:45 (34)	2:01	0:43:02 (70)	1:25	0:24:16 (14)	1:21:29
33	418	Lukas Klösters	TV Goch	TM30	7	0:10:08 (25)	1:57	0:40:38 (40)	1:12	0:27:45 (48)	1:21:40
34	434	Lars Jepkens	Triathlon Team Düsseldorf	TM25	8	0:09:02 (5)	1:17	0:43:20 (74)	1:21	0:26:50 (33)	1:21:49
35	287	Uwe Jakobowski	TV Schiefbahn Tri-Team	TM50	6	0:10:40 (31)	2:23	0:40:39 (41)	1:15	0:27:09 (40)	1:22:06
36	355	Carsten Kulse	TuS 08 Rheinberg	TM40	12	0:11:52 (46)	1:53	0:40:18 (32)	1:23	0:26:41 (32)	1:22:06
37	425	Sebastian Palm	Triathlon Team Düsseldorf	TM30	8	0:09:11 (7)	2:01	0:39:02 (19)	2:07	0:29:58 (82)	1:22:20
38	352	Torsten Ebert		TM40	13	0:12:29 (73)	1:50	0:42:13 (59)	1:06	0:24:57 (18)	1:22:35
39	342	Simon Meyer	Tri Finish Münster	TM30	9	0:09:59 (22)	1:54	0:40:58 (44)	1:22	0:28:29 (62)	1:22:42
40	324	Lothar Sobotta	PSV Brühl Triathlon Team	TM50	7	0:13:32 (99)	1:34	0:39:30 (23)	1:03	0:27:13 (42)	1:22:52
41	400	Karl Zimmer	PSV Brühl Triathlon Team	TM50	8	0:09:22 (9)	1:40	0:40:33 (36)	1:32	0:29:55 (80)	1:23:01
42	197	Michael Lillot	Triathlon Team Ratingen 08	TM50	9	0:09:58 (21)	1:43	0:42:30 (65)	1:16	0:27:59 (54)	1:23:26
43	260	Johannes Jagemann	Tri-Team TV Schiefbahn	TM30	10	0:12:14 (63)	1:43	0:40:36 (39)	1:03	0:27:50 (52)	1:23:27
44	315	Noah Decker	SV Vyma 1997	TM30	11	0:11:21 (42)	2:09	0:42:52 (69)	1:10	0:26:01 (29)	1:23:34
45	329	Thobias Vater	PSV Brühl Triathlon Team	TM20	2	0:09:44 (18)	2:25	0:41:16 (51)	1:14	0:29:02 (68)	1:23:40
46	401	Jan Schwermer		TM30	12	0:12:27 (71)	2:09	0:40:00 (28)	1:15	0:28:11 (58)	1:24:03
47	396	Daniel Voßkamp		TM40	14	0:13:17 (95)	2:13	0:41:57 (55)	1:29	0:25:16 (23)	1:24:12
48	259	Thiemo Merten		TM30	13	0:11:36 (43)	1:24	0:42:15 (60)	1:17	0:27:46 (50)	1:24:17
49	350	Till Kassebrock		TM30	14	0:12:16 (66)	1:39	0:41:55 (54)	1:36	0:26:56 (34)	1:24:21
50	291	Tobias Kramer	X4FUN	TM30	15	0:12:56 (83)	2:06	0:41:01 (46)	1:08	0:27:12 (41)	1:24:23
51	358	Julian Schlütter	Bocholter WSV	TM25	9	0:13:08 (88)	3:01	0:39:12 (21)	1:37	0:27:45 (49)	1:24:42
52	369	Thorsten Flintrop	weseler tv triathlon	TM50	10	0:11:59 (53)	1:34	0:40:26 (34)	0:58	0:29:55 (80)	1:24:53
53	68	Stefan Kauhardt	SV Gladbeck 13	TM50	11	0:11:59 (53)	1:53	0:41:59 (56)	1:38	0:27:46 (51)	1:25:16
54	27	Uwe Steffens	Herbrand Team	TM50	12	0:13:15 (93)	2:56	0:41:09 (48)	1:17	0:27:01 (37)	1:25:37
55	532	Rene von der Ruhren		TM50	13	0:12:50 (80)	1:33	0:40:58 (45)	1:24	0:29:14 (70)	1:25:59
56	433	Benjamin Kink	Triathlon Team Rheinberg	TM40	15	0:12:15 (65)	1:47	0:40:33 (37)	1:06	0:30:22 (87)	1:26:03
57	83	Daniel Weiß	Hawaii 2049	TM30	16	0:12:28 (72)	2:10	0:42:19 (61)	1:15	0:28:24 (60)	1:26:35
58	282	Stefan Kesche		TM40	16	0:11:07 (39)	2:31	0:43:11 (71)	1:10	0:28:45 (63)	1:26:45

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
59	426	Jens Berg	TTR Rheinberg	TM30	17	0:12:26 (70)	1:51	0:46:04 (97)	1:07	0:25:23 (24)	1:26:52
60	372	Stephan Kern		TM30	18	0:12:44 (77)	2:24	0:40:06 (29)	1:21	0:30:31 (90)	1:27:05
61	357	Franz-Josef Thölking	Tri-Geckos Dortmund e.v.	TM60	2	0:09:35 (15)	1:52	0:43:26 (75)	1:37	0:31:00 (97)	1:27:30
62	187	Heinz Büsch		TM60	3	0:11:43 (44)	1:47	0:44:11 (82)	1:08	0:29:17 (72)	1:28:07
63	373	Stefan Florian	Hawaii2049	TM30	19	0:12:52 (81)	1:43	0:43:13 (72)	1:18	0:29:13 (69)	1:28:19
64	300	Noel Kornas	Reeser SC	MJA	2	0:09:51 (20)	3:49	0:46:11 (100)	1:03	0:27:26 (44)	1:28:20
65	420	Tobias Höller		TM30	20	0:12:55 (82)	2:54	0:41:18 (52)	1:28	0:29:48 (78)	1:28:23
66	374	Stefan Kienast	Hawaii 2049	TM40	17	0:12:10 (58)	2:02	0:43:55 (79)	0:51	0:29:25 (74)	1:28:24
67	30	Jochen Schweizer		TM30	21	0:11:00 (37)	1:59	0:43:40 (77)	1:12	0:30:36 (91)	1:28:27
68	255	Marc Schietinger	Team Hollandse Frietjes	TM50	14	0:12:35 (75)	1:39	0:42:43 (67)	1:29	0:30:07 (85)	1:28:33
69	205	Steven Eckford		TM50	15	0:12:23 (68)	2:44	0:44:20 (84)	1:52	0:27:26 (44)	1:28:45
70	47	Frank Bauhaus	Mtmh	TM60	4	0:12:12 (60)	1:57	0:42:21 (62)	1:27	0:30:53 (93)	1:28:49
71	215	Christian Leiendecker		TM40	18	0:13:02 (85)	1:39	0:42:11 (57)	1:19	0:30:58 (95)	1:29:08
72	436	Harald Schwarz	VT Triangel Kempen	TM60	5	0:16:19 (125)	1:46	0:42:12 (58)	1:02	0:28:02 (56)	1:29:21
73	188	Sebastian Löpelmann	FC St. Pauli Triathlon	TM40	19	0:14:12 (112)	1:25	0:41:09 (49)	1:42	0:31:06 (99)	1:29:35
74	202	Manfred Raith	Leichtathletik Nütterden	TM60	6	0:14:36 (117)	3:03	0:42:24 (63)	1:01	0:28:54 (65)	1:29:58
75	332	Moritz Sartorius	Tri Club Wuppertal	TM30	22	0:12:09 (57)	3:01	0:45:47 (95)	1:28	0:28:20 (59)	1:30:44
76	422	Reinhard Steins		TM60	7	0:10:39 (30)	2:42	0:46:10 (99)	1:36	0:29:39 (76)	1:30:45
77	360	Arnd Ziebell		TM50	16	0:14:08 (111)	1:52	0:44:05 (80)	2:00	0:29:00 (67)	1:31:05
78	17	Maurice Kirsch		TM30	23	0:13:08 (89)	2:19	0:46:06 (98)	1:13	0:28:24 (61)	1:31:09
79	241	Daniel Michels		TM30	24	0:11:53 (48)	1:42	0:43:26 (76)	1:17	0:32:53 (111)	1:31:10
80	523	Patrick Behrends		TM30	25	0:17:57 (131)	2:23	0:43:44 (78)	1:21	0:25:55 (28)	1:31:19
81	320	Daniel Izso	Hadi Wesel	TM30	26	0:10:48 (35)	1:51	0:47:33 (109)	1:07	0:30:19 (86)	1:31:39
82	348	Jörg Tengler		TM50	17	0:09:28 (11)	2:48	0:44:50 (90)	1:37	0:33:14 (112)	1:31:58
83	208	Axel Singhof	Triteam Eifelgold	TM50	18	0:18:51 (135)	1:32	0:41:12 (50)	1:12	0:29:20 (73)	1:32:07
84	63	Sebastian Siebers	Team Siebers	TM40	20	0:11:15 (41)	2:45	0:48:19 (112)	1:48	0:28:04 (57)	1:32:11
85	248	Jörg Dieckmann	Dextro Energy Sport Team	TM50	19	0:12:13 (61)	1:43	0:42:25 (64)	1:32	0:34:19 (115)	1:32:12
86	264	Norbert Bongers	Tri-Team TV Schiefbahn	TM60	8	0:13:22 (96)	2:27	0:44:50 (91)	1:06	0:30:27 (89)	1:32:12
87	424	Corneel Honingh	TriForce Vital Remscheid	TM40	21	0:15:07 (122)	1:42	0:44:42 (88)	1:26	0:29:16 (71)	1:32:13

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
88	261	Hansjörg Rink	TV Schiefbahn	TM50	20	0:15:46 (124)	1:56	0:43:18 (73)	1:28	0:29:48 (77)	1:32:15
89	31	Patrick Behrends	Asphaltfräsen	TM30	27	0:12:07 (55)	1:41	0:41:25 (53)	2:25	0:34:43 (116)	1:32:21
90	391	Patrick Witthaut		TM30	28	0:11:55 (49)	3:03	0:44:33 (85)	1:30	0:31:25 (101)	1:32:26
91	376	Thorsten Paeper	TTC Berrenrath	TM40	22	0:14:31 (115)	3:06	0:42:39 (66)	1:54	0:30:23 (88)	1:32:33
92	330	Julen Albers	Reeser SC	MJA	3	0:09:34 (14)	4:03	0:48:22 (113)	1:01	0:29:38 (75)	1:32:38
93	381	Marco Sinjou	De Vossen	TM50	21	0:11:56 (50)	2:10	0:44:43 (89)	1:40	0:32:21 (106)	1:32:51
94	280	Alex Mitzel	FLITZEPIEPEN	TM40	23	0:13:33 (100)	2:03	0:44:14 (83)	1:24	0:31:48 (103)	1:33:02
95	66	Markus Pauels	KSV Kevelaer	TM50	22	0:13:14 (92)	2:38	0:46:57 (107)	1:41	0:28:56 (66)	1:33:25
96	321	Nikolai Schlüter		TM30	29	0:12:48 (78)	2:22	0:49:30 (117)	0:51	0:27:56 (53)	1:33:27
97	307	Lutz Noack	Tus Xanten	TM50	23	0:13:32 (98)	1:57	0:45:33 (94)	1:32	0:30:58 (96)	1:33:31
98	209	Mattes Gottschalk		MJA	4	0:18:00 (132)	3:05	0:44:36 (86)	1:18	0:26:58 (36)	1:33:57
99	275	Alexander Sdun		TM30	30	0:13:55 (108)	2:36	0:45:23 (93)	1:40	0:30:40 (92)	1:34:13
100	218	Michael Peters	TV Goch	TM60	9	0:09:19 (8)	2:26	0:49:45 (120)	1:16	0:31:39 (102)	1:34:25
101	295	Thomas Goessler	AS Neukirchen-Vluyn	TM60	10	0:14:26 (114)	2:49	0:45:08 (92)	1:17	0:30:55 (94)	1:34:36
102	318	Sven Nitsch	Hier könnte ihre Werbung stehen	TM40	24	0:13:00 (84)	2:43	0:39:34 (24)	2:17	0:37:33 (123)	1:35:06
103	410	Klaus Klein	M.GLADBACHER TV 1848 E.V.	TM50	24	0:15:03 (121)	1:53	0:44:42 (87)	1:14	0:32:46 (110)	1:35:37
104	238	Marcus Dietrich		TM40	25	0:13:40 (101)	3:47	0:47:33 (110)	1:03	0:29:54 (79)	1:35:58
105	301	Luis Bovens		MJA	5	0:13:13 (91)	3:26	0:51:01 (122)	0:53	0:28:49 (64)	1:37:21
106	367	Thorsten Edeler	Marathon und Triathlon Mülheim e. V.	TM50	25	0:13:43 (103)	2:50	0:46:39 (104)	1:58	0:32:18 (105)	1:37:27
107	36	Sebastian Ossyra	Hildener AT -Triathlon	TM40	26	0:13:02 (86)	3:16	0:44:08 (81)	2:24	0:34:49 (118)	1:37:38
108	413	Stephan Gerritschen		TM40	27	0:14:47 (118)	2:55	0:48:33 (115)	1:24	0:29:58 (83)	1:37:38
109	365	Fabian Erker		TM30	31	0:14:50 (119)	2:33	0:50:52 (121)	1:35	0:28:00 (55)	1:37:50
110	285	Daniel Becker		TM30	32	0:13:48 (106)	2:35	0:49:38 (118)	1:00	0:31:03 (98)	1:38:04
111	200	Christian Kowolik	Gesundheitspraxis am Niederrhein	TM60	11	0:14:15 (113)	3:01	0:46:44 (106)	1:02	0:34:19 (114)	1:39:21
112	276	Robin van Loosen		TM25	10	0:14:07 (109)	2:43	0:49:16 (116)	1:11	0:32:38 (108)	1:39:54
113	221	Sebastian Keding		TM40	28	0:13:45 (105)	3:12	0:46:42 (105)	1:49	0:34:45 (117)	1:40:13
114	198	Michael Dittmer	ASV Duisburg	TM60	12	0:13:43 (104)	2:43	0:48:26 (114)	2:09	0:33:54 (113)	1:40:55
115	258	Tristan Rox	Team Hollandse Frietjes	TM25	11	0:12:21 (67)	2:30	0:48:06 (111)	1:42	0:36:16 (120)	1:40:55

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
116	284	Kai Koutsky	TriTeam TV Schiefbahn e.V.	TM40	29	0:13:10 (90)	2:23	0:46:15 (101)	1:25	0:38:01 (125)	1:41:14
117	207	Alex Fröhlich	Gesund und Fit Isselburg e.V.	TM30	33	0:16:25 (126)	2:04	0:51:18 (125)	0:54	0:31:13 (100)	1:41:53
118	270	Klaus Graß	TV Goch	TM60	13	0:12:39 (76)	3:29	0:46:26 (102)	1:42	0:37:49 (124)	1:42:05
119	224	Andreas Meyer-Urbach		TM50	26	0:10:03 (23)	3:20	0:51:10 (123)	1:34	0:36:49 (122)	1:42:55
120	406	Ulli Kölzer	Running Team Grafenberg	TM70	1	0:16:26 (127)	2:33	0:53:34 (130)	0:53	0:30:03 (84)	1:43:30
121	262	Magnus Hübel	KSV Kevelaer	TM40	30	0:13:40 (102)	3:39	0:52:10 (127)	2:22	0:31:51 (104)	1:43:41
122	534	Alexander Thaler		TM30	34	0:12:49 (79)	3:27	0:53:08 (129)	1:44	0:32:44 (109)	1:43:52
123	212	Jan Rieke		TM50	27	0:14:08 (110)	2:50	0:46:38 (103)	2:24	0:38:29 (127)	1:44:29
124	232	Ralph Hengst		TM50	28	0:14:33 (116)	2:22	0:49:43 (119)	2:04	0:36:18 (121)	1:45:00
125	32	Sid Maibach	Asphaltfräsen	TM25	12	0:10:27 (27)	5:16	0:45:51 (96)	2:49	0:43:45 (133)	1:48:08
126	247	Heinz Hecht		TM70	2	0:13:16 (94)	3:28	0:47:09 (108)	3:01	0:44:09 (134)	1:51:04
127	199	Karsten Hippe	Happy Hippes Triathlon Team	TM50	29	0:20:25 (137)	2:45	0:53:50 (131)	1:58	0:32:25 (107)	1:51:22
128	235	Andreas Wanders	Triathlon Team Düsseldorf	TM60	14	0:15:33 (123)	3:15	0:54:07 (132)	2:06	0:38:11 (126)	1:53:12
129	334	Karl-Bernd Timmer	Asphalt-Fräsen Neuss	TM60	15	0:15:01 (120)	3:35	0:52:04 (126)	4:17	0:38:33 (128)	1:53:29
130	316	Heiner Gulatz	TV Aldekark	TM50	30	0:13:27 (97)	2:52	0:54:56 (133)	2:31	0:44:31 (135)	1:58:16
131	377	Nicola Madeddu		TM50	31	0:16:30 (128)	5:51	0:53:06 (128)	3:08	0:40:30 (129)	1:59:06
132	343	Henrik Peters		TM25	13	0:24:35 (138)	2:19	0:56:32 (135)	0:56	0:35:05 (119)	1:59:27
133	237	Peter Simon Hendricks		TM30	35	0:19:00 (136)	3:32	0:56:25 (134)	1:53	0:41:08 (130)	2:01:57
134	272	Wolfgang Fahl	TV Schiefbahn	TM60	16	0:17:34 (130)	4:36	0:51:14 (124)	2:08	0:46:47 (136)	2:02:20
135	252	Daniel Correntz		TM30	36	0:18:20 (134)	3:34	0:57:14 (136)	1:57	0:41:37 (132)	2:02:42
136	314	Christian Kettler	Team Streuselbrötchen	TM25	14	0:13:52 (107)	3:24	1:03:43 (138)	1:03	0:41:31 (131)	2:03:33
137	404	Heinrich Jockenhöfer	SV Gladbeck 13	TM70	3	0:17:12 (129)	6:24	1:00:17 (137)	2:27	0:55:43 (137)	2:22:03
DISQ	239	Frank Gärtner		TM50		0:11:58 ( )	2:35	0:46:00 ( )	1:45	0:15:16 ( )	1:17:34

### Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	268	Theresa Müller	AS Neukirchen-Vluyn	TW20	1	0:09:12 (3)	1:50	0:40:56 (1)	0:56	0:25:13 (1)	1:18:07
2	335	Antonia Beckmann	Reeser SC	TW25	1	0:09:45 (4)	1:40	0:42:42 (6)	1:14	0:25:57 (5)	1:21:17

### Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
3	341	Maike Abbing		TW30	1	0:09:03 (1)	1:29	0:44:13 (15)	1:00	0:25:34 (3)	1:21:19
4	409	Levke Jansen	LV Marathon	WJUN	1	0:10:21 (7)	2:05	0:42:32 (5)	1:23	0:25:35 (4)	1:21:56
5	340	Ricarda Beckmann	Reeser SC Triathlon	TW50	1	0:12:21 (24)	1:35	0:41:18 (2)	1:18	0:28:20 (12)	1:24:53
6	254	Yvonne Linßen	AS Neukirchen-Vluyn	TW40	1	0:11:50 (16)	2:01	0:41:56 (3)	1:02	0:28:09 (10)	1:24:57
7	274	Anne Becker		TW30	2	0:12:17 (22)	1:32	0:42:23 (4)	1:15	0:27:58 (8)	1:25:25
8	191	Jule Stang	Allround Triathlon Team	TW25	2	0:10:29 (10)	1:31	0:43:38 (12)	1:01	0:28:47 (13)	1:25:26
9	220	Anne Schloßer	Braunschweiger Laufclub	TW30	3	0:12:55 (31)	2:43	0:43:33 (11)	1:25	0:25:31 (2)	1:26:07
10	13	Sopiha Wismeth	RWO Endurance Team	TW20	2	0:12:03 (19)	1:49	0:43:15 (9)	0:55	0:28:49 (14)	1:26:51
11	257	Mara Schietinger	DLC Aachen	TW25	3	0:11:40 (13)	1:34	0:43:39 (13)	1:05	0:29:24 (16)	1:27:21
12	41	Gemma van der Voort	SSF Bonn	TW25	4	0:10:18 (6)	1:28	0:45:30 (24)	1:01	0:30:18 (20)	1:28:35
13	245	Katrin Weyers	SC Bayer 05 Uerdingen	TW40	2	0:11:21 (12)	2:01	0:44:59 (22)	1:03	0:29:26 (17)	1:28:51
14	313	Alice Tekamp	Reeser Triathlin	TW50	2	0:10:15 (5)	1:39	0:45:10 (23)	1:13	0:30:34 (24)	1:28:52
15	326	Birgit Wellmanns	TV Goch 1883 e.V.	TW50	3	0:12:07 (21)	1:47	0:44:14 (16)	1:17	0:29:43 (19)	1:29:08
16	375	Sabine Hartmann		TW50	4	0:12:34 (27)	2:17	0:43:26 (10)	1:30	0:29:24 (15)	1:29:10
17	386	Pia Schmidt	TG Neuss	TW25	5	0:12:42 (29)	2:11	0:45:34 (25)	1:05	0:28:05 (9)	1:29:37
18	331	Leni Baumgarten	Triathlon Team Ratingen 08	WJA	1	0:09:09 (2)	1:22	0:50:23 (49)	1:00	0:27:52 (7)	1:29:46
19	302	Silke Offizier	Brühler TV 1879	TW40	3	0:10:25 (9)	1:39	0:46:27 (27)	1:04	0:30:28 (21)	1:30:03
20	388	Simone van Haren	AS Neukirchen-Vluyn	TW50	5	0:11:52 (17)	1:48	0:43:59 (14)	1:17	0:30:33 (22)	1:30:28 *
21	411	Yoshizawa Hisako		TW40	4	0:10:22 (8)	1:43	0:48:15 (34)	2:42	0:27:32 (6)	1:30:33
22	510	Steffi Meyers	M.GLADBACHER TV 1848 E.V.	TW50	6	0:12:05 (20)	1:27	0:44:41 (21)	1:06	0:32:22 (28)	1:31:41
23	219	Monika Giemsa	Kevelaerer SV	TW40	5	0:12:02 (18)	2:14	0:47:17 (30)	1:45	0:29:33 (18)	1:32:50
24	513	Sarah Pullich	Club der Pferdefreunde Goch	TW30	4	0:15:44 (54)	2:40	0:45:55 (26)	1:13	0:28:16 (11)	1:33:49
25	240	Anne Michels		TW30	5	0:11:44 (14)	2:19	0:44:25 (19)	1:28	0:34:13 (41)	1:34:07
26	429	Sylvia Wöscher	Triathlon Team Rheinberg	TW60	1	0:13:03 (34)	2:13	0:42:52 (7)	1:31	0:35:08 (48)	1:34:46
27	296	Jessica Roeloffs	Allround Triathlon Team Kleve	TW40	6	0:16:01 (58)	1:44	0:43:11 (8)	1:33	0:32:43 (29)	1:35:11
28	279	Sylvia Janssen	Tri-Team TV Schiefbahn	TW50	7	0:12:57 (33)	2:10	0:44:17 (18)	1:15	0:35:36 (52)	1:36:15
29	440	Constanze Roy		TW30	6	0:12:37 (28)	1:48	0:47:37 (32)	2:18	0:31:56 (26)	1:36:16
30	192	Vanessa Hirsch		TW30	7	0:13:08 (36)	3:45	0:44:16 (17)	1:55	0:34:35 (45)	1:37:39
31	427	Isa Lammers		WJA	2	0:12:57 (32)	1:52	0:48:14 (33)	0:54	0:33:47 (35)	1:37:43

\* die Gesamtzeit enthält eine Strafzeit

### Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
32	308	Lilli Noack		WJUN	2	0:12:18 (23)	1:56	0:48:44 (41)	0:48	0:34:24 (44)	1:38:09
33	351	Indra Schlenker		TW30	8	0:12:43 (30)	1:48	0:49:36 (46)	2:13	0:33:07 (30)	1:39:26
34	243	Monika Ratay		TW50	8	0:12:29 (26)	2:18	0:46:32 (28)	1:28	0:37:00 (57)	1:39:47
35	206	Stephanie Eckford		TW40	7	0:16:23 (63)	2:37	0:48:38 (39)	1:36	0:31:03 (25)	1:40:18
36	271	Alexandra Kumbrink	Allround Triathlon Team Kleve	TW50	9	0:13:34 (40)	2:26	0:48:33 (37)	1:16	0:35:09 (49)	1:40:58
37	266	Hannah Wellmanns	TV Goch	TW20	3	0:10:48 (11)	1:43	0:52:05 (55)	1:13	0:35:23 (51)	1:41:11
38	366	Melanie Nicolin	Sauerland-Team/TSV Solingen	TW50	10	0:16:12 (60)	2:42	0:47:02 (29)	1:40	0:33:37 (33)	1:41:13
39	293	Yvonne Gemblar		TW30	9	0:13:07 (35)	2:36	0:50:00 (47)	1:10	0:35:20 (50)	1:42:13
40	414	Karin Gerritschen		TW30	10	0:14:40 (46)	3:04	0:49:05 (43)	1:53	0:33:36 (32)	1:42:19
41	190	Nicole Stehr	Kevelaerer SV Triathlon	TW50	11	0:14:29 (45)	2:33	0:47:28 (31)	1:49	0:36:01 (53)	1:42:20
42	380	Sabrina Poprawe	Mission Triathlon Racing Team	TW40	8	0:15:55 (56)	2:01	0:48:25 (36)	2:02	0:34:00 (38)	1:42:22
43	250	Natalie Secker	SC Bayer 05 Uerdingen	TW40	9	0:13:31 (39)	2:26	0:48:42 (40)	1:38	0:36:39 (55)	1:42:56
44	196	Johanna Krüll	Tri-Team Fischeln (SV Neptun Krefeld)	TW50	12	0:17:40 (68)	1:57	0:51:30 (52)	1:21	0:30:33 (23)	1:43:01
45	435	Barbara Hell-Vianden	MACH3	TW40	10	0:15:03 (51)	2:17	0:50:49 (50)	1:36	0:33:53 (36)	1:43:38
46	44	Ina Toups		TW40	11	0:12:27 (25)	2:40	0:49:34 (45)	1:03	0:38:22 (60)	1:44:05
47	236	Paula Ohagen		TW25	6	0:13:46 (41)	2:13	0:49:28 (44)	1:13	0:37:29 (58)	1:44:09
48	337	Kerstin Honingh-Bauhaus	TriForce Vital Remscheid	TW40	12	0:18:08 (69)	2:23	0:48:36 (38)	1:27	0:34:06 (40)	1:44:40
49	338	Estefania Vega		TW30	11	0:14:57 (50)	2:09	0:50:10 (48)	1:19	0:36:05 (54)	1:44:41
50	303	Agnes Schulz		TW30	12	0:14:20 (43)	2:35	0:54:57 (66)	1:09	0:32:19 (27)	1:45:20
51	223	Yvonne Urbach		TW40	13	0:13:16 (37)	3:26	0:53:06 (59)	1:33	0:34:06 (39)	1:45:27
52	21	Beate Becker	SV Haldern, Lauftreff	TW50	13	0:15:59 (57)	3:17	0:50:57 (51)	1:13	0:35:05 (47)	1:46:31
53	361	Christine Albrecht	Moerser TV Triathlon	TW30	13	0:16:15 (62)	3:01	0:52:32 (56)	1:01	0:33:53 (37)	1:46:41
54	71	Karolin Wey	SV Gladbeck 13 e.V..	TW30	14	0:13:51 (42)	7:19	0:49:05 (42)	1:51	0:34:37 (46)	1:46:43
55	298	Kerstin Kehrbach		TW40	14	0:14:24 (44)	2:37	0:51:46 (53)	1:34	0:36:49 (56)	1:47:09
56	382	Marie-Louise Verbeek	De Vossen	TW40	15	0:13:22 (38)	5:48	0:53:37 (61)	1:08	0:33:43 (34)	1:47:39
57	309	Marion Weiss		TW40	16	0:16:11 (59)	2:54	0:53:02 (57)	3:04	0:33:30 (31)	1:48:40
58	416	Laura Wittkopp		TW25	7	0:15:46 (55)	3:37	0:44:39 (20)	1:48	0:43:00 (64)	1:48:50
59	333	Sabine Timmer	LG Asphaltfräsen Neuss	TW25	8	0:16:30 (64)	3:22	0:53:05 (58)	1:38	0:34:23 (43)	1:48:57
60	370	Christine Ostermann		TW40	17	0:17:27 (67)	3:00	0:48:24 (35)	2:47	0:37:35 (59)	1:49:13

## Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
61	310	Sarah Feldmann		TW40	18	0:16:14 (61)	2:52	0:54:33 (65)	1:33	0:34:21 (42)	1:49:33
62	210	Ida Wilmsen		TW30	15	0:11:47 (15)	2:18	0:53:55 (62)	1:36	0:40:27 (62)	1:50:03
63	323	Anna Louisa Riedl	Triathlon Team Düsseldorf	TW25	9	0:14:45 (48)	1:53	0:51:57 (54)	1:48	0:41:21 (63)	1:51:43
64	430	Britt Mock	Team TriMo	TW50	14	0:15:25 (52)	2:29	0:54:10 (63)	1:59	0:39:53 (61)	1:53:56
65	256	Annette Geiger	Tea	TW50	15	0:16:49 (65)	3:52	0:53:25 (60)	1:17	0:44:21 (65)	1:59:43
66	72	Juliane Kudlich	Allround Triathlon Team Kleve	TW30	16	0:14:44 (47)	6:29	0:55:14 (67)	2:19	0:46:25 (67)	2:05:11
67	230	Lena Jäger		TW25	10	0:14:49 (49)	4:27	1:01:36 (69)	1:07	0:46:15 (66)	2:08:13
68	234	Sabrina Gall	Nordtriathleten Oberhausen	TW40	19	0:20:36 (70)	4:16	0:54:12 (64)	2:43	0:47:10 (68)	2:08:57
69	383	Saskia Winkens		TW25	11	0:15:38 (53)	5:16	0:56:47 (68)	4:13	0:51:59 (70)	2:13:53
70	371	Ute Pütz		TW60	2	0:17:11 (66)	3:12	1:02:04 (70)	2:11	0:50:09 (69)	2:14:46